

Local da Prova: **Mogadouro**

Data: **19/05/2019**

Hora da Partida: **10:35:11**

Distancias: Natação - 2km

Ciclismo - 60km

Corrida - 15km

Classificações Escalões Masculinos

| # | Lic. | Dors. | Nome | Gen | Esc. | Equipa | T.Total | Diff. |
|---|------|-------|------|-----|------|--------|---------|-------|
|---|------|-------|------|-----|------|--------|---------|-------|

25-29

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|-----|--------|------|--------------------|---|-------|-------------------|-----|--|
| DNS | 104009 | 3876 | Mario Bastos Rocha | M | 25-29 | Clube Dos Galitos | DNS | |
|-----|--------|------|--------------------|---|-------|-------------------|-----|--|

30-34

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|-----|--------|------|--------------------------|---|-------|--------------------------------------|----------|----------|
| 1 | 103916 | 3793 | Rui Melo | M | 30-34 | A. R. Casaense | 03:37:26 | - |
| 2 | 105319 | 3541 | Pedro Castro | M | 30-34 | Mc Donald's/Tribraga | 03:40:15 | 00:02:49 |
| 3 | 104654 | 3236 | João Pinto Laranjeira | M | 30-34 | Associação Beat Your Limit! | 03:47:24 | 00:09:58 |
| DNS | 105923 | 3038 | Carlos Bom | M | 30-34 | Sporting Clube De Espinho - S.p.d.e. | DNS | |
| DNS | 103238 | 3130 | Daniel dos Santos Castro | M | 30-34 | C F Vilacondense | DNS | |
| DNS | 101452 | 3840 | Tiago Santos Pinho | M | 30-34 | C F Vilacondense | DNS | |

35-39

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|-----|--------|------|---------------------------|---|-------|-----------------------------|----------|----------|
| 1 | 103020 | 3430 | Pedro Oliveira | M | 35-39 | G. D. GOMA | 03:27:16 | - |
| 2 | 101518 | 3020 | Rui Lima Barbosa | M | 35-39 | G. D. GOMA | 03:30:13 | 00:02:57 |
| 3 | 104052 | 3898 | Adelino Soutinho de Sousa | M | 35-39 | G. D. GOMA | 03:34:21 | 00:07:05 |
| 4 | 104203 | 3919 | Tiago Ferreira Santos | M | 35-39 | Dar-recardães Expansion | 03:36:36 | 00:09:20 |
| 5 | 105384 | 3573 | Nuno Leite Ribeiro | M | 35-39 | G. D. GOMA | 03:39:30 | 00:12:14 |
| 6 | 105749 | 3750 | José Andre Ferreira | M | 35-39 | Individual | 03:40:48 | 00:13:32 |
| 7 | 103865 | 3771 | Nuno Veiga Afonso | M | 35-39 | Associação Beat Your Limit! | 03:41:58 | 00:14:42 |
| 8 | 104477 | 3049 | Ricardo Pereira | M | 35-39 | Mc Donald's/Tribraga | 03:44:25 | 00:17:09 |
| 9 | 101486 | 3758 | Celso Esteves Moreira | M | 35-39 | Dar-recardães Expansion | 03:45:47 | 00:18:31 |
| 10 | 101038 | 3590 | João Ferreira Moita | M | 35-39 | Associação Beat Your Limit! | 03:49:57 | 00:22:41 |
| 11 | 104785 | 3498 | Hugo Jesus Azevedo | M | 35-39 | Associação Beat Your Limit! | 04:08:30 | 00:41:14 |
| DNF | 105610 | 3641 | Ivo Oliveira Silva | M | 35-39 | Associação Beat Your Limit! | DNF | |
| DNF | 104010 | 3877 | Marco Almeida Ferreira | M | 35-39 | Clube Dos Galitos | DNF | |
| DNS | 105364 | 3555 | Luis Bezerra Matos | M | 35-39 | C F Vilacondense | DNS | |
| DNS | 105615 | 3883 | Carlos Chora | M | 35-39 | Individual | DNS | |

40-44

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| 1 | 100533 | 5121 | Paulo Amorim Coelho | M | 40-44 | AASM | 03:22:54 | - |
| 2 | 101515 | 5066 | Leandro Pinto | M | 40-44 | Mc Donald's/Tribraga | 03:23:44 | 00:00:50 |
| 3 | 103792 | 5015 | Carlos Inocêncio Rodrigues | M | 40-44 | AASM | 03:32:34 | 00:09:40 |
| 4 | 104460 | 4080 | Ivo Carvalho | M | 40-44 | Sporting Clube De Espinho - S.p.d.e. | 03:33:04 | 00:10:10 |
| 5 | 105566 | 5217 | Rui Oliveira | M | 40-44 | G. D. GOMA | 03:46:58 | 00:24:04 |
| 6 | 105748 | 5291 | Nuno Miguel Maia | M | 40-44 | Boavista Futebol Clube | 03:56:02 | 00:33:08 |
| 7 | 105549 | 5213 | Marco Gomes Pereira | M | 40-44 | AASM | 04:06:40 | 00:43:46 |
| 8 | 104122 | 4299 | Rui Ferreira Ramos | M | 40-44 | G. D. GOMA | 04:13:02 | 00:50:08 |
| 9 | 106235 | 5333 | Donaldo Lima | M | 40-44 | Individual | 04:35:44 | 01:12:50 |

Classificações Escalões Masculinos

| # | Lic. | Dors. | Nome | Gen | Esc. | Equipa | T.Total | Diff. |
|-----|--------|-------|------------------------|-----|-------|------------------------|----------|----------|
| 10 | 105597 | 4240 | Márcio Miguel Silva | M | 40-44 | Boavista Futebol Clube | 04:38:31 | 01:15:37 |
| 11 | 105370 | 5189 | João Leal Fernandes | M | 40-44 | AASM | 04:55:38 | 01:32:44 |
| DNS | 104606 | 4314 | Jose Goncalo Rodrigues | M | 40-44 | Veteranos do Porto | DNS | |
| DNS | 101055 | 4928 | Pedro Pinto Reis | M | 40-44 | AASM | DNS | |

45-49

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|-----|--------|------|--------------------------|---|-------|--------------------------------------|----------|----------|
| 1 | 103671 | 4372 | João Couto Faria | M | 45-49 | AASM | 03:24:51 | - |
| 2 | 101509 | 4627 | João Ferreira | M | 45-49 | Mc Donald´s/Tribraga | 03:28:13 | 00:03:22 |
| 3 | 101513 | 4146 | José Afonso | M | 45-49 | Mc Donald´s/Tribraga | 03:31:12 | 00:06:21 |
| 4 | 101720 | 4591 | Jorge Figueiredo | M | 45-49 | Individual | 03:32:16 | 00:07:25 |
| 5 | 102394 | 4598 | Nuno Mesquita Abreu | M | 45-49 | Clube Zupper | 03:37:00 | 00:12:09 |
| 6 | 104545 | 4205 | Mauro Azevedo | M | 45-49 | A. R. Casaense | 03:38:19 | 00:13:28 |
| 7 | 101049 | 4185 | Nuno Meireles de Barros | M | 45-49 | AASM | 03:49:31 | 00:24:40 |
| 8 | 100910 | 4517 | Paulo Rua | M | 45-49 | Veteranos do Porto | 04:34:52 | 01:10:01 |
| DNF | 100423 | 4284 | Emanuel Peixoto de Matos | M | 45-49 | G. D. GOMA | DNF | |
| DNS | 100523 | 4561 | Fernando Socorro | M | 45-49 | Sporting Clube De Espinho - S.p.d.e. | DNS | |

50-54

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| 1 | 100426 | 4402 | Joaquim Carlos Lopes | M | 50-54 | Boavista Futebol Clube | 03:38:16 | - |
| 2 | 102251 | 4508 | Vasco Borges | M | 50-54 | A. R. Casaense | 03:55:24 | 00:17:08 |
| 3 | 103971 | 4971 | Joaquim Sousa Ferreira | M | 50-54 | AASM | 04:00:04 | 00:21:48 |
| 4 | 104593 | 4305 | José Carlos Ramalho | M | 50-54 | G. D. GOMA | 04:16:07 | 00:37:51 |
| DNF | 104120 | 4298 | Rui Rocha Amorim | M | 50-54 | AASM | DNF | |

55-59

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| 1 | 100903 | 4336 | José Calheiros | M | 55-59 | Veteranos do Porto | 03:53:21 | - |
| 2 | 104792 | 4438 | António Dias | M | 55-59 | Sporting Clube De Espinho - S.p.d.e. | 04:13:03 | 00:19:42 |
| 3 | 101039 | 4330 | José de Oliveira e Silva | M | 55-59 | AASM | 04:16:27 | 00:23:06 |
| 4 | 104789 | 4829 | José Araújo Monteiro | M | 55-59 | Veteranos do Porto | 04:21:14 | 00:27:53 |

60-64

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| DNS | 100911 | 4255 | Paulo Castro Rocha | M | 60-64 | Veteranos do Porto | DNS | |
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