

Local da Prova: **Paredes**

Data: **25/04/2019**

Hora da Partida: **14:57:37**

Distancias: Corrida - 4,700 km

Ciclismo - 19,450 km

Corrida - 2,450 km

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
---	------	-------	------	-----	------	--------	---------	-------

Cadetes

1	105461	1959	Francisco Daniel F. Oliveira	M	CAD	Paredes Aventura	01:11:22	-
---	--------	------	------------------------------	---	-----	------------------	----------	---

Juniores

1	105483	2117	Ismael Luis Rocha Gonçalves	M	JUN	Paredes Aventura	01:29:51	-
2	106053	8199	Ricardo Miguel N. Rodrigues	M	JUN	Paredes Aventura	01:33:23	00:03:32
DSQ	106067	2135	Tomás Martins C. de Azevedo	M	JUN	AASM	DSQ	

20-24

1	105426	2606	Pedro Pacheco	M	20-24	Paredes Aventura	01:06:07	-
2	103380	2553	Pedro Manuel F. V. da Silva	M	20-24	Mc Donald's/Tribraga	01:09:04	00:02:57
3		8197	João Rocha	M	20-24	Veteranos do Porto	01:38:48	00:32:41

25-29

1	101511	3970	João Renato Ferreira Teixeira	M	25-29	G. D. GOMA	01:00:13	-
2	104022	3829	Bruno Godinho de Oliveira	M	25-29	C F Vilacondense	01:06:54	00:06:41
3	100529	3880	João Bernardo Campos Cunha	M	25-29	Mc Donald's/Tribraga	01:08:16	00:08:03
4	103528	3463	Bernardo Mota Freitas P. Braga	M	25-29	AASM	01:19:30	00:19:17
DNS	104686	3283	Gonçalo Manuel A. Fernandes	M	25-29	Pedalarte	DNS	

30-34

1	101452	3840	Tiago Manuel Santos Pinho	M	30-34	C F Vilacondense	01:01:03	-
2	101512	3121	José António M. de Carvalho	M	30-34	Mc Donald's/Tribraga	01:04:06	00:03:03
3	105776	3774	João Pedro Jesus A. e Crespo	M	30-34	C F Vilacondense	01:04:40	00:03:37
4	104014	3881	Helder Emanuel Leite Lemos	M	30-34	Mc Donald's/Tribraga	01:09:54	00:08:51
5	105319	3541	Pedro Emanuel Pereira de Castro	M	30-34	Mc Donald's/Tribraga	01:11:20	00:10:17
6	104359	3961	Fernando Rafael R. Ferraz	M	30-34	Individual	01:26:39	00:25:36

35-39

1	101507	3118	António José Pinto Mesquita	M	35-39	Mc Donald's/Tribraga	01:01:33	-
2	101517	3012	Pedro Santos	M	35-39	Boavista Futebol Clube	01:04:19	00:02:46
3	101995	3041	Rui Manuel Afonso Souto	M	35-39	G. D. GOMA	01:05:27	00:03:54
4	102655	3076	João Sérgio da Silva Ramos	M	35-39	Clube Zupper	01:05:49	00:04:16
5	106045	3114	Luís Miguel Morais Ferreira	M	35-39	Veteranos do Porto	01:08:10	00:06:37
6	102380	6379	Ricardo Rego	M	35-39	Clube Zupper	01:08:41	00:07:08
7	101985	3054	Nuno Filipe Moreira Ribeiro	M	35-39	Clube Zupper	01:09:31	00:07:58
8	104477	3049	Ricardo Manuel Oliveira Pereira	M	35-39	Mc Donald's/Tribraga	01:09:32	00:07:59
9	105749	3750	jose andre ferreira	M	35-39	Individual	01:10:18	00:08:45

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
10	101518	3020	Rui Filipe Lima Barbosa	M	35-39	G. D. GOMA	01:13:36	00:12:03
11	103880	3777	Pedro José Lajoso Meixedo	M	35-39	Clube Zupper	01:16:51	00:15:18
12	105073	3303	Tiago Frederico da Silva P. Dias	M	35-39	Clube Zupper	01:22:38	00:21:05
13	104860	8198	João Carlos Sousa da Fonseca	M	35-39	AASM	01:25:01	00:23:28
DNS	106039	3110	Pedro Jose Gonçalves Braga	M	35-39	G. D. GOMA	DNS	
DNS	102532	3728	Pedro Reina	M	35-39	Varzim Sport Club	DNS	
DNS	104897	3081	Filipe Mário Silva Sousa	M	35-39	Clube Zupper	DNS	
DNS	101038	3590	João Pedro Ferreira Moita	M	35-39	Associação Beat Your Limit!	DNS	

40-44

1	104150	4338	António João Xavier Pinto	M	40-44	C F Vilacondense	01:06:53	-
2	100533	5121	Paulo Adão Amorim Coelho	M	40-44	AASM	01:07:09	00:00:16
3	105551	5214	António Marques Ribeiro	M	40-44	Mc Donald's/Tribraga	01:09:59	00:03:06
4	104767	4684	Domingos Mag. Gonçalves	M	40-44	AASM	01:10:31	00:03:38
5	105344	5185	Manuel José Pontes Moutinho	M	40-44	Mc Donald's/Tribraga	01:10:36	00:03:43
6		4889	Pedro Teixeira	M	40-44	G. D. GOMA	01:10:38	00:03:45
7	105620	4918	António Pedro Peixoto M. Vieira	M	40-44	C F Vilacondense	01:10:41	00:03:48
8	105597	4240	Márcio Miguel Silva	M	40-44	Boavista Futebol Clube	01:12:21	00:05:28
9	105549	5213	Marco Aurélio Gomes Pereira	M	40-44	AASM	01:14:43	00:07:50
10	103503	4020	Ricardo Adão C. das Neves	M	40-44	Mc Donald's/Tribraga	01:15:18	00:08:25
11	104122	4299	Rui Miguel Ferreira Ramos	M	40-44	G. D. GOMA	01:15:59	00:09:06
12	106170	6376	Márcio Fernando Silva	M	40-44	Boavista Futebol Clube	01:16:49	00:09:56
13	105143	5115	Luís Filipe Duarte dos Santos	M	40-44	C F Vilacondense	01:18:13	00:11:20
14	104081	5371	Pedro Filipe Ribeiro Rodrigues	M	40-44	Clube Zupper	01:18:42	00:11:49

45-49

1	101509	4627	João Jorge Vilela Ferreira	M	45-49	Mc Donald's/Tribraga	01:05:04	-
2	100423	4284	Emanuel Claudio P. de Matos	M	45-49	G. D. GOMA	01:06:44	00:01:40
3	102599	4099	Fernando Maia Porto Igreja	M	45-49	C F Vilacondense	01:09:49	00:04:45
4	105594	4219	Ricardo da Rocha Pereira	M	45-49	Individual	01:13:59	00:08:55
5	101060	4236	Rui Pena	M	45-49	AASM	01:15:56	00:10:52
6	105743	5287	Abílio João Carneiro Malheiro	M	45-49	C F Vilacondense	01:22:00	00:16:56
7	100102	4533	Alexandre Monteiro	M	45-49	Veteranos do Porto	01:26:42	00:21:38
8	106108	5386	Nuno Antonio Sousa Pereira	M	45-49	AASM	01:27:52	00:22:48
9		4370	Ulisses Manuel Silva Lopes	M	45-49	C F Vilacondense	01:41:15	00:36:11
10	104538	4170	Mário Luis Loureiro D. Leandro	M	45-49	AASM	01:43:27	00:38:23

50-54

1	102244	5168	Fernando Marques Gouveia	M	50-54	C F Vilacondense	01:05:13	-
2	103971	4971	Joaquim Fernando S. Ferreira	M	50-54	AASM	01:15:03	00:09:50
3	104640	4457	Joaquim Barbosa	M	50-54	Individual	01:16:37	00:11:24
4		5334	Rui Vieira	M	50-54	Individual	01:16:55	00:11:42
5	102596	4101	Carlos Manuel Figueiredo Soares	M	50-54	C F Vilacondense	01:18:31	00:13:18

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
6	104593	4305	José Carlos Leite Ramalho	M	50-54	G. D. GOMA	01:18:38	00:13:25
7	104994	5020	António Vasco Jacob Estrela	M	50-54	AASM	01:27:37	00:22:24
8	104776	4748	Giuseppe Baldassarre	M	50-54	Mc Donald´s/Tribraga	01:28:50	00:23:37
9	104844	5069	Emanuel José Cortes Gomes	M	50-54	Mc Donald´s/Tribraga	01:31:01	00:25:48
10	101040	4122	José Mateus Tavares	M	50-54	AASM	01:54:56	00:49:43

55-59

1	100903	4336	José Calheiros	M	55-59	Veteranos do Porto	01:15:59	-
2	105822	5321	António Osório Pinto	M	55-59	Paredes Aventura	01:19:22	00:03:23
3	105144	5116	Carlos Manuel Reis Ferreira	M	55-59	Clube Zupper	01:21:54	00:05:55
4	102691	4599	José Graça Rodrigues	M	55-59	AASM	01:25:01	00:09:02
5	104848	5072	Fernando Gomes Silva	M	55-59	Mozinho Rt Valvoline	01:28:30	00:12:31
6	104843	5068	Vasco Manuel de Araújo	M	55-59	Mc Donald´s/Tribraga	01:35:20	00:19:21
7	103241	4828	Arnaldo Rui Novaes V. E. Brás	M	55-59	Mc Donald´s/Tribraga	01:37:52	00:21:53

60-64

1	100911	4255	Paulo Jorge Lima Ramos Rocha	M	60-64	Veteranos do Porto	01:33:16	-
DNS	101448	4018	Mário Manuel F. Magalhães	M	60-64	C F Vilacondense	DNS	

65-69

DNF	100899	4162	Henrique Gonçalves	M	65-69	Veteranos do Porto	DNF	
-----	--------	------	--------------------	---	-------	--------------------	-----	--