

Local da Prova: **Paredes**

Data: **25/04/2019**

Hora da Partida: **14:57:37**

Distancias: Corrida - 4,700 km

Ciclismo - 19,450 km

Corrida - 2,450 km

### Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
1	101511	3970	João Renato Ferreira Teixeira	M	25-29	G. D. GOMA	01:00:13	-
2	101452	3840	Tiago Manuel Santos Pinho	M	30-34	C F Vilacondense	01:01:03	00:00:50
3	101507	3118	António José Pinto Mesquita	M	35-39	Mc Donald's/Tribraga	01:01:33	00:01:20
4	101512	3121	José António M. de Carvalho	M	30-34	Mc Donald's/Tribraga	01:04:06	00:03:53
5	101517	3012	Pedro Santos	M	35-39	Boavista Futebol Clube	01:04:19	00:04:06
6	105776	3774	João Pedro Jesus A. e Crespo	M	30-34	C F Vilacondense	01:04:40	00:04:27
7	101509	4627	João Jorge Vilela Ferreira	M	45-49	Mc Donald's/Tribraga	01:05:04	00:04:51
8	102244	5168	Fernando Marques Gouveia	M	50-54	C F Vilacondense	01:05:13	00:05:00
9	101995	3041	Rui Manuel Afonso Souto	M	35-39	G. D. GOMA	01:05:27	00:05:14
10	102655	3076	João Sérgio da Silva Ramos	M	35-39	Clube Zupper	01:05:49	00:05:36
11	105426	2606	Pedro Pacheco	M	20-24	Paredes Aventura	01:06:07	00:05:54
12	100423	4284	Emanuel Claudio P. de Matos	M	45-49	G. D. GOMA	01:06:44	00:06:31
13	104150	4338	António João Xavier Pinto	M	40-44	C F Vilacondense	01:06:53	00:06:40
14	104022	3829	Bruno Godinho de Oliveira	M	25-29	C F Vilacondense	01:06:54	00:06:41
15	100533	5121	Paulo Adão Amorim Coelho	M	40-44	AASM	01:07:09	00:06:56
16	106045	3114	Luís Miguel Morais Ferreira	M	35-39	Veteranos do Porto	01:08:10	00:07:57
17	100529	3880	João Bernardo Campos Cunha	M	25-29	Mc Donald's/Tribraga	01:08:16	00:08:03
18	102380	6379	Ricardo Rego	M	35-39	Clube Zupper	01:08:41	00:08:28
19	103380	2553	Pedro Manuel F. V. da Silva	M	20-24	Mc Donald's/Tribraga	01:09:04	00:08:51
20	101985	3054	Nuno Filipe Moreira Ribeiro	M	35-39	Clube Zupper	01:09:31	00:09:18
21	104477	3049	Ricardo Manuel Oliveira Pereira	M	35-39	Mc Donald's/Tribraga	01:09:32	00:09:19
22	102599	4099	Fernando Maia Porto Igreja	M	45-49	C F Vilacondense	01:09:49	00:09:36
23	104014	3881	Helder Emanuel Leite Lemos	M	30-34	Mc Donald's/Tribraga	01:09:54	00:09:41
24	105551	5214	António Marques Ribeiro	M	40-44	Mc Donald's/Tribraga	01:09:59	00:09:46
25	105749	3750	jose andre ferreira	M	35-39	Individual	01:10:18	00:10:05
26	104767	4684	Domingos Mag. Gonçalves	M	40-44	AASM	01:10:31	00:10:18
27	105344	5185	Manuel José Pontes Moutinho	M	40-44	Mc Donald's/Tribraga	01:10:36	00:10:23
28		4889	Pedro Teixeira	M	40-44	G. D. GOMA	01:10:38	00:10:25
29	105620	4918	António Pedro Peixoto M. Vieira	M	40-44	C F Vilacondense	01:10:41	00:10:28
30	105319	3541	Pedro Emanuel Pereira de Castro	M	30-34	Mc Donald's/Tribraga	01:11:20	00:11:07
31	105461	1959	Francisco Daniel F. Oliveira	M	CAD	Paredes Aventura	01:11:22	00:11:09
32	105597	4240	Márcio Miguel Silva	M	40-44	Boavista Futebol Clube	01:12:21	00:12:08
33	101518	3020	Rui Filipe Lima Barbosa	M	35-39	G. D. GOMA	01:13:36	00:13:23
34	105594	4219	Ricardo da Rocha Pereira	M	45-49	Individual	01:13:59	00:13:46
35	105549	5213	Marco Aurélio Gomes Pereira	M	40-44	AASM	01:14:43	00:14:30
36	103971	4971	Joaquim Fernando S. Ferreira	M	50-54	AASM	01:15:03	00:14:50
37	103503	4020	Ricardo Adão C. das Neves	M	40-44	Mc Donald's/Tribraga	01:15:18	00:15:05
38	101060	4236	Rui Pena	M	45-49	AASM	01:15:56	00:15:43
39	104122	4299	Rui Miguel Ferreira Ramos	M	40-44	G. D. GOMA	01:15:59	00:15:46

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
40	100903	4336	José Calheiros	M	55-59	Veteranos do Porto	01:15:59	00:15:46
41	104640	4457	Joaquim Barbosa	M	50-54	Individual	01:16:37	00:16:24
42	106170	6376	Márcio Fernando Silva	M	40-44	Boavista Futebol Clube	01:16:49	00:16:36
43	103880	3777	Pedro José Lajoso Meixedo	M	35-39	Clube Zupper	01:16:51	00:16:38
44		5334	Rui Vieira	M	50-54	Individual	01:16:55	00:16:42
45	105143	5115	Luís Filipe Duarte dos Santos	M	40-44	C F Vilacondense	01:18:13	00:18:00
46	102596	4101	Carlos Manuel Figueiredo Soares	M	50-54	C F Vilacondense	01:18:31	00:18:18
47	104593	4305	José Carlos Leite Ramalho	M	50-54	G. D. GOMA	01:18:38	00:18:25
48	104081	5371	Pedro Filipe Ribeiro Rodrigues	M	40-44	Clube Zupper	01:18:42	00:18:29
49	105822	5321	António Osório Pinto	M	55-59	Paredes Aventura	01:19:22	00:19:09
50	103528	3463	Bernardo Mota Freitas P. Braga	M	25-29	AASM	01:19:30	00:19:17
51	105144	5116	Carlos Manuel Reis Ferreira	M	55-59	Clube Zupper	01:21:54	00:21:41
52	105743	5287	Abílio João Carneiro Malheiro	M	45-49	C F Vilacondense	01:22:00	00:21:47
53	105073	3303	Tiago Frederico da Silva P. Dias	M	35-39	Clube Zupper	01:22:38	00:22:25
54	104860	8198	João Carlos Sousa da Fonseca	M	35-39	AASM	01:25:01	00:24:48
55	102691	4599	José Graça Rodrigues	M	55-59	AASM	01:25:01	00:24:48
56	104359	3961	Fernando Rafael R. Ferraz	M	30-34	Individual	01:26:39	00:26:26
57	100102	4533	Alexandre Monteiro	M	45-49	Veteranos do Porto	01:26:42	00:26:29
58	104994	5020	António Vasco Jacob Estrela	M	50-54	AASM	01:27:37	00:27:24
59	106108	5386	Nuno Antonio Sousa Pereira	M	45-49	AASM	01:27:52	00:27:39
60	104848	5072	Fernando Gomes Silva	M	55-59	Mozinho Rt Valvoline	01:28:30	00:28:17
61	104776	4748	Giuseppe Baldassarre	M	50-54	Mc Donald´s/Tribraga	01:28:50	00:28:37
62	105483	2117	Ismael Luis Rocha Gonçalves	M	JUN	Paredes Aventura	01:29:51	00:29:38
63	104844	5069	Emanuel José Cortes Gomes	M	50-54	Mc Donald´s/Tribraga	01:31:01	00:30:48
64	100911	4255	Paulo Jorge Lima Ramos Rocha	M	60-64	Veteranos do Porto	01:33:16	00:33:03
65	106053	8199	Ricardo Miguel N. Rodrigues	M	JUN	Paredes Aventura	01:33:23	00:33:10
66	104843	5068	Vasco Manuel de Araújo	M	55-59	Mc Donald´s/Tribraga	01:35:20	00:35:07
67	103241	4828	Arnaldo Rui Novaes V. E. Brás	M	55-59	Mc Donald´s/Tribraga	01:37:52	00:37:39
68		8197	João Rocha	M	20-24	Veteranos do Porto	01:38:48	00:38:35
69		4370	Ulisses Manuel Silva Lopes	M	45-49	C F Vilacondense	01:41:15	00:41:02
70	104538	4170	Mário Luis Loureiro D. Leandro	M	45-49	AASM	01:43:27	00:43:14
71	101040	4122	José Mateus Tavares	M	50-54	AASM	01:54:56	00:54:43
DSQ	106067	2135	Tomás Martins C. de Azevedo	M	JUN	AASM	DSQ	
DNF	100899	4162	Henrique Gonçalves	M	65-69	Veteranos do Porto	DNF	
DNS	101448	4018	Mário Manuel F. Magalhães	M	60-64	C F Vilacondense	DNS	
DNS	106039	3110	Pedro Jose Gonçalves Braga	M	35-39	G. D. GOMA	DNS	
DNS	102532	3728	Pedro Reina	M	35-39	Varzim Sport Club	DNS	
DNS	104897	3081	Filipe Mário Silva Sousa	M	35-39	Clube Zupper	DNS	
DNS	104686	3283	Gonçalo Manuel A. Fernandes	M	25-29	Pedalarte	DNS	
DNS	101038	3590	João Pedro Ferreira Moita	M	35-39	Associação Beat Your Limit!	DNS	