

Local da Prova: **Paredes**

Data: **25/04/2019**

Hora da Partida: **14:57:37**

Distancias: Corrida - 4,700 km

Ciclismo - 19,450 km

Corrida - 2,450 km

Classificações Escalões Masculinos

| # | Lic. | Dors. | Nome | Gen | Esc. | Equipa | T.Total | Diff. |
|---|------|-------|------|-----|------|--------|---------|-------|
|---|------|-------|------|-----|------|--------|---------|-------|

Cadetes

| | | | | | | | | |
|---|--------|------|------------------------------|---|-----|------------------|----------|---|
| 1 | 105461 | 1959 | Francisco Daniel F. Oliveira | M | CAD | Paredes Aventura | 01:11:22 | - |
|---|--------|------|------------------------------|---|-----|------------------|----------|---|

Juniores

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|-----|--------|------|-----------------------------|---|-----|--------------------------------------|----------|----------|
| 1 | 101378 | 2096 | Miguel Jacinto Lopes Silva | M | JUN | Adi-fihavo | 01:01:57 | - |
| 2 | | 2089 | Gonçalo Brito | M | JUN | Sporting Clube De Espinho - S.p.d.e. | 01:13:57 | 00:12:00 |
| 3 | 105483 | 2117 | Ismael Luis Rocha Gonçalves | M | JUN | Paredes Aventura | 01:29:51 | 00:27:54 |
| 4 | 106053 | 8199 | Ricardo Miguel N. Rodrigues | M | JUN | Paredes Aventura | 01:33:23 | 00:31:26 |
| DSQ | 106067 | 2135 | Tomás Martins C. de Azevedo | M | JUN | AASM | DSQ | |

20-24

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|---|--------|------|------------------------------|---|-------|-------------------------|----------|----------|
| 1 | 104900 | 2539 | Cristiano Soares C. Oliveira | M | 20-24 | Dar-recardães Expansion | 01:04:12 | - |
| 2 | 105426 | 2606 | Pedro Pacheco | M | 20-24 | Paredes Aventura | 01:06:07 | 00:01:55 |
| 3 | 103380 | 2553 | Pedro Manuel F. V. da Silva | M | 20-24 | Mc Donald's/Tribraga | 01:09:04 | 00:04:52 |
| 4 | | 8197 | João Rocha | M | 20-24 | Veteranos do Porto | 01:38:48 | 00:34:36 |

25-29

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|-----|--------|------|--------------------------------|---|-------|----------------------|----------|----------|
| 1 | 101511 | 3970 | João Renato Ferreira Teixeira | M | 25-29 | G. D. GOMA | 01:00:13 | - |
| 2 | 104022 | 3829 | Bruno Godinho de Oliveira | M | 25-29 | C F Vilacondense | 01:06:54 | 00:06:41 |
| 3 | 100529 | 3880 | João Bernardo Campos Cunha | M | 25-29 | Mc Donald's/Tribraga | 01:08:16 | 00:08:03 |
| 4 | 103528 | 3463 | Bernardo Mota Freitas P. Braga | M | 25-29 | AASM | 01:19:30 | 00:19:17 |
| DNS | 104686 | 3283 | Gonçalo Manuel A. Fernandes | M | 25-29 | Pedalarte | DNS | |

30-34

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|-----|--------|------|---------------------------------|---|-------|--------------------------------------|----------|----------|
| 1 | 105400 | 3585 | Ricardo Miguel E. Gomes | M | 30-34 | Dar-recardães Expansion | 01:00:43 | - |
| 2 | 101452 | 3840 | Tiago Manuel Santos Pinho | M | 30-34 | C F Vilacondense | 01:01:03 | 00:00:20 |
| 3 | 101512 | 3121 | José António M. de Carvalho | M | 30-34 | Mc Donald's/Tribraga | 01:04:06 | 00:03:23 |
| 4 | 105776 | 3774 | João Pedro Jesus A. e Crespo | M | 30-34 | C F Vilacondense | 01:04:40 | 00:03:57 |
| 5 | 103916 | 3793 | Rui Daniel Dinis de Melo | M | 30-34 | A. R. Casaense | 01:08:03 | 00:07:20 |
| 6 | 104870 | 3031 | Miguel Neto Gonçalves | M | 30-34 | Adi-fihavo | 01:08:57 | 00:08:14 |
| 7 | 104014 | 3881 | Helder Emanuel Leite Lemos | M | 30-34 | Mc Donald's/Tribraga | 01:09:54 | 00:09:11 |
| 8 | 105319 | 3541 | Pedro Emanuel Pereira de Castro | M | 30-34 | Mc Donald's/Tribraga | 01:11:20 | 00:10:37 |
| 9 | 105951 | 3078 | Pedro Nuno Costa Martins | M | 30-34 | Clube de Triatlo de Viseu | 01:17:59 | 00:17:16 |
| 10 | 104986 | 3060 | Paulo Silva | M | 30-34 | Individual | 01:18:02 | 00:17:19 |
| 11 | 104359 | 3961 | Fernando Rafael R. Ferraz | M | 30-34 | Individual | 01:26:39 | 00:25:56 |
| DNS | 105923 | 3038 | Carlos Alberto Gregório P. Bom | M | 30-34 | Sporting Clube De Espinho - S.p.d.e. | DNS | |
| DNS | 105042 | 3059 | Pedro Correia De Bastos | M | 30-34 | Dar-recardães Expansion | DNS | |

Classificações Escalões Masculinos

| # | Lic. | Dors. | Nome | Gen | Esc. | Equipa | T.Total | Diff. |
|--------------|--------|-------|----------------------------------|-----|-------|--------------------------------------|----------|----------|
| 35-39 | | | | | | | | |
| 1 | 101507 | 3118 | António José Pinto Mesquita | M | 35-39 | Mc Donald´s/Tribraga | 01:01:33 | - |
| 2 | 103972 | 3856 | Igor Castro | M | 35-39 | A. R. Casaense | 01:02:05 | 00:00:32 |
| 3 | 101517 | 3012 | Pedro Santos | M | 35-39 | Boavista Futebol Clube | 01:04:19 | 00:02:46 |
| 4 | 105676 | 3713 | Luís Giovanni D. Bermudez | M | 35-39 | Adi-filhavo | 01:05:02 | 00:03:29 |
| 5 | 101995 | 3041 | Rui Manuel Afonso Souto | M | 35-39 | G. D. GOMA | 01:05:27 | 00:03:54 |
| 6 | 102655 | 3076 | João Sérgio da Silva Ramos | M | 35-39 | Clube Zupper | 01:05:49 | 00:04:16 |
| 7 | 101486 | 3758 | Celso Ilidio Esteves Moreira | M | 35-39 | Dar-recardães Expansion | 01:07:51 | 00:06:18 |
| 8 | 106045 | 3114 | Luís Miguel Morais Ferreira | M | 35-39 | Veteranos do Porto | 01:08:10 | 00:06:37 |
| 9 | 102380 | 6379 | Ricardo Rego | M | 35-39 | Clube Zupper | 01:08:41 | 00:07:08 |
| 10 | 100179 | 3476 | José Gonçalo Pato Tomás Vieira | M | 35-39 | Adi-filhavo | 01:09:26 | 00:07:53 |
| 11 | 101985 | 3054 | Nuno Filipe Moreira Ribeiro | M | 35-39 | Clube Zupper | 01:09:31 | 00:07:58 |
| 12 | 104477 | 3049 | Ricardo Manuel Oliveira Pereira | M | 35-39 | Mc Donald´s/Tribraga | 01:09:32 | 00:07:59 |
| 13 | 105749 | 3750 | jose andre ferreira | M | 35-39 | Individual | 01:10:18 | 00:08:45 |
| 14 | 105926 | 3055 | David Alexandre da S. Felizardo | M | 35-39 | Dar-recardães Expansion | 01:13:15 | 00:11:42 |
| 15 | 105282 | 3514 | Sérgio Mota | M | 35-39 | Sporting Clube De Espinho - S.p.d.e. | 01:13:22 | 00:11:49 |
| 16 | 101518 | 3020 | Rui Filipe Lima Barbosa | M | 35-39 | G. D. GOMA | 01:13:36 | 00:12:03 |
| 17 | 103436 | 3338 | Francisco José Silva Caldas | M | 35-39 | Sporting Clube De Espinho - S.p.d.e. | 01:14:04 | 00:12:31 |
| 18 | 103880 | 3777 | Pedro José Lajoso Meixedo | M | 35-39 | Clube Zupper | 01:16:51 | 00:15:18 |
| 19 | 105286 | 3518 | Helder Caiado | M | 35-39 | Clube de Triatlo de Viseu | 01:18:10 | 00:16:37 |
| 20 | 105073 | 3303 | Tiago Frederico da Silva P. Dias | M | 35-39 | Clube Zupper | 01:22:38 | 00:21:05 |
| 21 | 101701 | 3419 | Jorge Leal | M | 35-39 | Clube de Triatlo de Viseu | 01:23:31 | 00:21:58 |
| 22 | 104860 | 8198 | João Carlos Sousa da Fonseca | M | 35-39 | AASM | 01:25:01 | 00:23:28 |
| 23 | 105488 | 3623 | Ricardo Jorge Ferreira Velhuco | M | 35-39 | Clube de Triatlo de Viseu | 01:36:13 | 00:34:40 |
| DNS | 106039 | 3110 | Pedro Jose Gonçalves Braga | M | 35-39 | G. D. GOMA | DNS | |
| DNS | 102532 | 3728 | Pedro Reina | M | 35-39 | Varzim Sport Club | DNS | |
| DNS | 104897 | 3081 | Filipe Mário Silva Sousa | M | 35-39 | Clube Zupper | DNS | |
| DNS | 101038 | 3590 | João Pedro Ferreira Moita | M | 35-39 | Associação Beat Your Limit! | DNS | |

40-44

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|----|--------|------|---------------------------------|---|-------|--------------------------------------|----------|----------|
| 1 | 103748 | 4475 | Luís Miguel Jesus M. Martins | M | 40-44 | Dar-recardães Expansion | 01:06:00 | - |
| 2 | 104150 | 4338 | António João Xavier Pinto | M | 40-44 | C F Vilacondense | 01:06:53 | 00:00:53 |
| 3 | 100533 | 5121 | Paulo Adão Amorim Coelho | M | 40-44 | AASM | 01:07:09 | 00:01:09 |
| 4 | 101494 | 4041 | Luis Filipe M. dos Santos | M | 40-44 | Adi-filhavo | 01:07:14 | 00:01:14 |
| 5 | 105043 | 5119 | Alexandre Nuno e Mestre | M | 40-44 | Dar-recardães Expansion | 01:07:51 | 00:01:51 |
| 6 | 104758 | 4626 | Rui António Silva Gomes | M | 40-44 | Sporting Clube De Espinho - S.p.d.e. | 01:09:06 | 00:03:06 |
| 7 | 100342 | 5288 | Hugo Filipe Campos Gomes | M | 40-44 | Clube de Triatlo de Viseu | 01:09:18 | 00:03:18 |
| 8 | 105551 | 5214 | António Marques Ribeiro | M | 40-44 | Mc Donald´s/Tribraga | 01:09:59 | 00:03:59 |
| 9 | 104767 | 4684 | Domingos Mag. Gonçalves | M | 40-44 | AASM | 01:10:31 | 00:04:31 |
| 10 | 105344 | 5185 | Manuel José Pontes Moutinho | M | 40-44 | Mc Donald´s/Tribraga | 01:10:36 | 00:04:36 |
| 11 | | 4889 | Pedro Teixeira | M | 40-44 | G. D. GOMA | 01:10:38 | 00:04:38 |
| 12 | 105620 | 4918 | António Pedro Peixoto M. Vieira | M | 40-44 | C F Vilacondense | 01:10:41 | 00:04:41 |

Classificações Escalões Masculinos

| # | Lic. | Dors. | Nome | Gen | Esc. | Equipa | T.Total | Diff. |
|-----|--------|-------|--------------------------------|-----|-------|---------------------------|----------|----------|
| 13 | 105597 | 4240 | Márcio Miguel Silva | M | 40-44 | Boavista Futebol Clube | 01:12:21 | 00:06:21 |
| 14 | 103764 | 4518 | Paulo Jorge Lisboa Ribeiro | M | 40-44 | Clube de Triatlo de Viseu | 01:14:31 | 00:08:31 |
| 15 | 105549 | 5213 | Marco Aurélio Gomes Pereira | M | 40-44 | AASM | 01:14:43 | 00:08:43 |
| 16 | 103503 | 4020 | Ricardo Adão C. das Neves | M | 40-44 | Mc Donald's/Tribraga | 01:15:18 | 00:09:18 |
| 17 | 104122 | 4299 | Rui Miguel Ferreira Ramos | M | 40-44 | G. D. GOMA | 01:15:59 | 00:09:59 |
| 18 | 106170 | 6376 | Márcio Fernando Silva | M | 40-44 | Boavista Futebol Clube | 01:16:49 | 00:10:49 |
| 19 | 105143 | 5115 | Luís Filipe Duarte dos Santos | M | 40-44 | C F Vilacondense | 01:18:13 | 00:12:13 |
| 20 | 104081 | 5371 | Pedro Filipe Ribeiro Rodrigues | M | 40-44 | Clube Zupper | 01:18:42 | 00:12:42 |
| 21 | 105212 | 5136 | Nuno Ribeiro | M | 40-44 | Clube de Triatlo de Viseu | 01:28:39 | 00:22:39 |
| DNS | 106134 | 5434 | Rafael Gomes | M | 40-44 | Clube de Triatlo de Viseu | DNS | |
| DNS | 104519 | 4139 | Pedro Tavares | M | 40-44 | Clube de Triatlo de Viseu | DNS | |

45-49

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|-----|--------|------|--------------------------------|---|-------|--------------------------------------|----------|----------|
| 1 | 101509 | 4627 | João Jorge Vilela Ferreira | M | 45-49 | Mc Donald's/Tribraga | 01:05:04 | - |
| 2 | 100423 | 4284 | Emanuel Claudio P. de Matos | M | 45-49 | G. D. GOMA | 01:06:44 | 00:01:40 |
| 3 | 102599 | 4099 | Fernando Maia Porto Igreja | M | 45-49 | C F Vilacondense | 01:09:49 | 00:04:45 |
| 4 | 104260 | 4486 | Rui Silva | M | 45-49 | A. R. Casaense | 01:10:01 | 00:04:57 |
| 5 | 105594 | 4219 | Ricardo da Rocha Pereira | M | 45-49 | Individual | 01:13:59 | 00:08:55 |
| 6 | 103296 | 4850 | Pedro Manuel Vicente Mota | M | 45-49 | Adi-ílhavo | 01:14:15 | 00:09:11 |
| 7 | 101060 | 4236 | Rui Pena | M | 45-49 | AASM | 01:15:56 | 00:10:52 |
| 8 | 105743 | 5287 | Abílio João Carneiro Malheiro | M | 45-49 | C F Vilacondense | 01:22:00 | 00:16:56 |
| 9 | 100102 | 4533 | Alexandre Monteiro | M | 45-49 | Veteranos do Porto | 01:26:42 | 00:21:38 |
| 10 | 106108 | 5386 | Nuno Antonio Sousa Pereira | M | 45-49 | AASM | 01:27:52 | 00:22:48 |
| 11 | 106128 | 6237 | Jorge Costa | M | 45-49 | AEJ Triatlo | 01:34:06 | 00:29:02 |
| 12 | | 4370 | Ulisses Manuel Silva Lopes | M | 45-49 | C F Vilacondense | 01:41:15 | 00:36:11 |
| 13 | 104538 | 4170 | Mário Luis Loureiro D. Leandro | M | 45-49 | AASM | 01:43:27 | 00:38:23 |
| DNS | 103749 | 4477 | Vitor Manuel Ferreira de Sá | M | 45-49 | Sporting Clube De Espinho - S.p.d.e. | DNS | |

50-54

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| 1 | 102244 | 5168 | Fernando Marques Gouveia | M | 50-54 | C F Vilacondense | 01:05:13 | - |
| 2 | 102251 | 4508 | Vasco Alexandre Borges | M | 50-54 | A. R. Casaense | 01:13:19 | 00:08:06 |
| 3 | 103971 | 4971 | Joaquim Fernando S. Ferreira | M | 50-54 | AASM | 01:15:03 | 00:09:50 |
| 4 | 104640 | 4457 | Joaquim Barbosa | M | 50-54 | Individual | 01:16:37 | 00:11:24 |
| 5 | | 5334 | Rui Vieira | M | 50-54 | Individual | 01:16:55 | 00:11:42 |
| 6 | 102596 | 4101 | Carlos Manuel Figueiredo Soares | M | 50-54 | C F Vilacondense | 01:18:31 | 00:13:18 |
| 7 | 104593 | 4305 | José Carlos Leite Ramalho | M | 50-54 | G. D. GOMA | 01:18:38 | 00:13:25 |
| 8 | 104994 | 5020 | António Vasco Jacob Estrela | M | 50-54 | AASM | 01:27:37 | 00:22:24 |
| 9 | 104776 | 4748 | Giuseppe Baldassarre | M | 50-54 | Mc Donald's/Tribraga | 01:28:50 | 00:23:37 |
| 10 | 104844 | 5069 | Emanuel José Cortes Gomes | M | 50-54 | Mc Donald's/Tribraga | 01:31:01 | 00:25:48 |
| 11 | 101040 | 4122 | José Mateus Tavares | M | 50-54 | AASM | 01:54:56 | 00:49:43 |

55-59

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| 1 | 100903 | 4336 | José Calheiros | M | 55-59 | Veteranos do Porto | 01:15:59 | - |
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Classificações Escalões Masculinos

| # | Lic. | Dors. | Nome | Gen | Esc. | Equipa | T.Total | Diff. |
|---|--------|-------|-------------------------------|-----|-------|--------------------------------------|----------|----------|
| 2 | 105822 | 5321 | António Osório Pinto | M | 55-59 | Paredes Aventura | 01:19:22 | 00:03:23 |
| 3 | 102108 | 4438 | António Martins Neves Dias | M | 55-59 | Sporting Clube De Espinho - S.p.d.e. | 01:19:26 | 00:03:27 |
| 4 | 105144 | 5116 | Carlos Manuel Reis Ferreira | M | 55-59 | Clube Zupper | 01:21:54 | 00:05:55 |
| 5 | 102691 | 4599 | José Graça Rodrigues | M | 55-59 | AASM | 01:25:01 | 00:09:02 |
| 6 | 104848 | 5072 | Fernando Gomes Silva | M | 55-59 | Mozinho Rt Valvoline | 01:28:30 | 00:12:31 |
| 7 | 104843 | 5068 | Vasco Manuel de Araújo | M | 55-59 | Mc Donald´s/Tribraga | 01:35:20 | 00:19:21 |
| 8 | 103241 | 4828 | Arnaldo Rui Novaes V. E. Brás | M | 55-59 | Mc Donald´s/Tribraga | 01:37:52 | 00:21:53 |

60-64

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|-----|--------|------|------------------------------|---|-------|--------------------|----------|---|
| 1 | 100911 | 4255 | Paulo Jorge Lima Ramos Rocha | M | 60-64 | Veteranos do Porto | 01:33:16 | - |
| DNS | 101448 | 4018 | Mário Manuel F. Magalhães | M | 60-64 | C F Vilacondense | DNS | |

65-69

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| DNF | 100899 | 4162 | Henrique Gonçalves | M | 65-69 | Veteranos do Porto | DNF | |
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70-74

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|---|--------|------|-----------------------|---|-------|-------------------------|----------|---|
| 1 | 104048 | 4210 | Vasco Martins Micaelo | M | 70-74 | Dar-recardães Expansion | 01:24:05 | - |
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PTDF

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|---|--------|------|------------------------------|---|------|---------------------------|----------|---|
| 1 | 101041 | 4193 | Luís Miguel Correia Ferreira | M | PTDF | Clube de Triatlo de Viseu | 01:12:42 | - |
|---|--------|------|------------------------------|---|------|---------------------------|----------|---|