

Local da Prova: **Vila Nova De Gaia**

Data: **10/11/2019**

Hora da Partida: **11:03:40**

Distancias: Corrida - 4,4 km

Ciclismo - 18 km

Corrida - 2,2 km

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
1	101507	3118	António Mesquita	M	35-39	Mc Donald´s/Tribraga	01:03:18	-
2	101452	3840	Tiago Pinho	M	30-34	C F Vilacondense	01:05:15	00:01:57
3	101726	5281	Paulo Vides	M	40-44	Mc Donald´s/Tribraga	01:05:24	00:02:06
4	101517	3012	Pedro Santos	M	35-39	Boavista FC	01:05:44	00:02:26
5	100426	4402	Joaquim Carlos Lopes	M	50-54	Boavista FC	01:06:24	00:03:06
6	105776	3774	João Crespo	M	30-34	C F Vilacondense	01:07:00	00:03:42
7	101512	3121	José Carvalho	M	30-34	Mc Donald´s/Tribraga	01:07:26	00:04:08
8	105551	5214	António Ribeiro	M	40-44	Mc Donald´s/Tribraga	01:08:16	00:04:58
9	104477	3049	Ricardo Pereira	M	35-39	Mc Donald´s/Tribraga	01:10:57	00:07:39
10	104150	4338	António Xavier Pinto	M	40-44	C F Vilacondense	01:13:41	00:10:23
11	106372	3542	Miguel Neto	M	25-29	MOZINHO RT VALVOLINE	01:14:24	00:11:06
12	103238	3130	Daniel Castro	M	30-34	C F Vilacondense	01:14:29	00:11:11
13	104014	3881	Hélder Lemos	M	30-34	Mc Donald´s/Tribraga	01:15:55	00:12:37
14	105637	3680	Nuno Ferreira	M	30-34	MOZINHO RT VALVOLINE	01:16:33	00:13:15
15	102599	4099	Fernando Igreja	M	45-49	C F Vilacondense	01:17:17	00:13:59
16	105143	5115	Luís Santos	M	40-44	C F Vilacondense	01:17:18	00:14:00
17	104640	4457	Joaquim Barbosa	M	50-54	Individual	01:18:32	00:15:14
18		4240	Márcio Miguel Silva	M	40-44	Boavista FC	01:18:55	00:15:37
19	103503	4020	Ricardo Neves	M	40-44	Mc Donald´s/Tribraga	01:20:25	00:17:07
20	105685	3727	Luis Lobo	M	25-29	G. D. GOMA	01:24:32	00:21:14
21	104593	4305	José Carlos Ramalho	M	50-54	G. D. GOMA	01:25:27	00:22:09
22	104773	5442	Nuno Ferreira	M	40-44	Individual	01:27:59	00:24:41
23	104665	3239	Carlos Gonçalves	M	35-39	MOZINHO RT VALVOLINE	01:28:50	00:25:32
24	102596	4101	Carlos Soares	M	50-54	C F Vilacondense	01:29:11	00:25:53
25	106356	4334	Paulo Seabra	M	45-49	Individual	01:30:27	00:27:09
26	104848	5072	Fernando Silva	M	55-59	MOZINHO RT VALVOLINE	01:35:26	00:32:08
DSQ	105838	5334	Rui Vieira	M	50-54	Individual	DSQ	
DNF	105263	3462	Hélder Monteiro	M	30-34	MOZINHO RT VALVOLINE	DNF	
DNS	100102	4533	Alexandre Monteiro	M	45-49	Veteranos do Porto	DNS	
DNS	100903	4336	José Calheiros	M	55-59	Veteranos do Porto	DNS	
DNS	104380	4733	Pedro Santos	M	45-49	Individual	DNS	