

Local da Prova: **Vila Nova De Gaia**

Data: **10/11/2019**

Hora da Partida: **11:03:40**

Distancias: Corrida - 4,4 km

Ciclismo - 18 km

Corrida - 2,2 km

### Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
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#### 20-24

DNS	104900	2539	Cristiano Oliveira	M	20-24	DAR-Recardães EXPansion	DNS	
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#### 25-29

1	106372	3542	Miguel Neto	M	25-29	MOZINHO RT VALVOLINE	01:14:24	-
2	105685	3727	Luis Lobo	M	25-29	G. D. GOMA	01:24:32	00:10:08

#### 30-34

1	105400	3585	Ricardo Gomes	M	30-34	DAR-Recardães EXPansion	01:04:56	-
2	101452	3840	Tiago Pinho	M	30-34	C F Vilacondense	01:05:15	00:00:19
3	105776	3774	João Crespo	M	30-34	C F Vilacondense	01:07:00	00:02:04
4	101512	3121	José Carvalho	M	30-34	Mc Donald´s/Tribraga	01:07:26	00:02:30
5	103238	3130	Daniel Castro	M	30-34	C F Vilacondense	01:14:29	00:09:33
6	104014	3881	Hélder Lemos	M	30-34	Mc Donald´s/Tribraga	01:15:55	00:10:59
7	105637	3680	Nuno Ferreira	M	30-34	MOZINHO RT VALVOLINE	01:16:33	00:11:37
DNF	105263	3462	Hélder Monteiro	M	30-34	MOZINHO RT VALVOLINE	DNF	

#### 35-39

1	101507	3118	António Mesquita	M	35-39	Mc Donald´s/Tribraga	01:03:18	-
2	101517	3012	Pedro Santos	M	35-39	Boavista FC	01:05:44	00:02:26
3	104477	3049	Ricardo Pereira	M	35-39	Mc Donald´s/Tribraga	01:10:57	00:07:39
4	105926	3055	David Felizardo	M	35-39	DAR-Recardães EXPansion	01:17:45	00:14:27
5	105954	3083	Cristiano Gonçalves	M	35-39	Clube de Triatlo de Viseu	01:20:59	00:17:41
6	104665	3239	Carlos Gonçalves	M	35-39	MOZINHO RT VALVOLINE	01:28:50	00:25:32

#### 40-44

1	101726	5281	Paulo Vides	M	40-44	Mc Donald´s/Tribraga	01:05:24	-
2	105551	5214	António Ribeiro	M	40-44	Mc Donald´s/Tribraga	01:08:16	00:02:52
3	105043	5119	Alexandre Mestre	M	40-44	DAR-Recardães EXPansion	01:09:07	00:03:43
4	104150	4338	António Xavier Pinto	M	40-44	C F Vilacondense	01:13:41	00:08:17
5	100342	5288	Hugo Gomes	M	40-44	Clube de Triatlo de Viseu	01:14:42	00:09:18
6	105952	5359	Francisco Machado	M	40-44	Clube de Triatlo de Viseu	01:14:43	00:09:19
7	105143	5115	Luís Santos	M	40-44	C F Vilacondense	01:17:18	00:11:54
8		4240	Márcio Miguel Silva	M	40-44	Boavista FC	01:18:55	00:13:31
9	106134	5434	Rafael Gomes	M	40-44	Clube de Triatlo de Viseu	01:20:05	00:14:41
10	103503	4020	Ricardo Neves	M	40-44	Mc Donald´s/Tribraga	01:20:25	00:15:01
11	105549	5213	Marco Pereira	M	40-44	Associação Académica de São Mamede	01:20:36	00:15:12
12	105824	5323	Bruno Moreira	M	40-44	Sporting Clube de Espinho - S.P.D.E.	01:21:36	00:16:12

### Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
13	104773	5442	Nuno Ferreira	M	40-44	Individual	01:27:59	00:22:35

#### 45-49

1	104260	4486	Rui Silva	M	45-49	A. R. Casaense	01:14:49	-
2	102599	4099	Fernando Igreja	M	45-49	C F Vilacondense	01:17:17	00:02:28
3	101060	4236	Rui Pena	M	45-49	Associação Académica de São Mamede	01:19:32	00:04:43
4	106108	5386	Nuno Pereira	M	45-49	Associação Académica de São Mamede	01:29:05	00:14:16
5	106356	4334	Paulo Seabra	M	45-49	Individual	01:30:27	00:15:38
DNS	100102	4533	Alexandre Monteiro	M	45-49	Veteranos do Porto	DNS	
DNS	104380	4733	Pedro Santos	M	45-49	Individual	DNS	

#### 50-54

1	100426	4402	Joaquim Carlos Lopes	M	50-54	Boavista FC	01:06:24	-
2	101489	4634	Fernando Baltazar	M	50-54	DAR-Recardães EXPansion	01:18:06	00:11:42
3	104640	4457	Joaquim Barbosa	M	50-54	Individual	01:18:32	00:12:08
4	104593	4305	José Carlos Ramalho	M	50-54	G. D. GOMA	01:25:27	00:19:03
5	102596	4101	Carlos Soares	M	50-54	C F Vilacondense	01:29:11	00:22:47
DSQ	105838	5334	Rui Vieira	M	50-54	Individual	DSQ	

#### 55-59

1	104848	5072	Fernando Silva	M	55-59	MOZINHO RT VALVOLINE	01:35:26	-
DNS	100903	4336	José Calheiros	M	55-59	Veteranos do Porto	DNS	

#### 65-69

DNS	104047	4207	Victor Campos	M	65-69	DAR-Recardães EXPansion	DNS	
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#### PTDF

1	101041	4193	Luís Ferreira	M	PTDF	Clube de Triatlo de Viseu	01:27:44	-
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