

Local da Prova: **Vila Nova De Gaia**

Data: **10/11/2019**

Hora da Partida: **11:03:40**

Distancias: Corrida - 4,4 km

Ciclismo - 18 km

Corrida - 2,2 km

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
1	101507	3118	António Mesquita	M	35-39	Mc Donald´s/Tribraga	01:03:18	-
2	105400	3585	Ricardo Gomes	M	30-34	DAR-Recardães EXPansion	01:04:56	00:01:38
3	101452	3840	Tiago Pinho	M	30-34	C F Vilacondense	01:05:15	00:01:57
4	101726	5281	Paulo Vides	M	40-44	Mc Donald´s/Tribraga	01:05:24	00:02:06
5	101517	3012	Pedro Santos	M	35-39	Boavista FC	01:05:44	00:02:26
6	100426	4402	Joaquim Carlos Lopes	M	50-54	Boavista FC	01:06:24	00:03:06
7	105776	3774	João Crespo	M	30-34	C F Vilacondense	01:07:00	00:03:42
8	101512	3121	José Carvalho	M	30-34	Mc Donald´s/Tribraga	01:07:26	00:04:08
9	105551	5214	António Ribeiro	M	40-44	Mc Donald´s/Tribraga	01:08:16	00:04:58
10	105043	5119	Alexandre Mestre	M	40-44	DAR-Recardães EXPansion	01:09:07	00:05:49
11	104477	3049	Ricardo Pereira	M	35-39	Mc Donald´s/Tribraga	01:10:57	00:07:39
12	104150	4338	António Xavier Pinto	M	40-44	C F Vilacondense	01:13:41	00:10:23
13	106372	3542	Miguel Neto	M	25-29	MOZINHO RT VALVOLINE	01:14:24	00:11:06
14	103238	3130	Daniel Castro	M	30-34	C F Vilacondense	01:14:29	00:11:11
15	100342	5288	Hugo Gomes	M	40-44	Clube de Triatlo de Viseu	01:14:42	00:11:24
16	105952	5359	Francisco Machado	M	40-44	Clube de Triatlo de Viseu	01:14:43	00:11:25
17	104260	4486	Rui Silva	M	45-49	A. R. Casaense	01:14:49	00:11:31
18	104014	3881	Hélder Lemos	M	30-34	Mc Donald´s/Tribraga	01:15:55	00:12:37
19	105637	3680	Nuno Ferreira	M	30-34	MOZINHO RT VALVOLINE	01:16:33	00:13:15
20	102599	4099	Fernando Igreja	M	45-49	C F Vilacondense	01:17:17	00:13:59
21	105143	5115	Luís Santos	M	40-44	C F Vilacondense	01:17:18	00:14:00
22	105926	3055	David Felizardo	M	35-39	DAR-Recardães EXPansion	01:17:45	00:14:27
23	101489	4634	Fernando Baltazar	M	50-54	DAR-Recardães EXPansion	01:18:06	00:14:48
24	104640	4457	Joaquim Barbosa	M	50-54	Individual	01:18:32	00:15:14
25		4240	Márcio Miguel Silva	M	40-44	Boavista FC	01:18:55	00:15:37
26	101060	4236	Rui Pena	M	45-49	Associação Académica de São Mamede	01:19:32	00:16:14
27	106134	5434	Rafael Gomes	M	40-44	Clube de Triatlo de Viseu	01:20:05	00:16:47
28	103503	4020	Ricardo Neves	M	40-44	Mc Donald´s/Tribraga	01:20:25	00:17:07
29	105549	5213	Marco Pereira	M	40-44	Associação Académica de São Mamede	01:20:36	00:17:18
30	105954	3083	Cristiano Gonçalves	M	35-39	Clube de Triatlo de Viseu	01:20:59	00:17:41
31	105824	5323	Bruno Moreira	M	40-44	Sporting Clube de Espinho - S.P.D.E.	01:21:36	00:18:18
32	105685	3727	Luis Lobo	M	25-29	G. D. GOMA	01:24:32	00:21:14
33	104593	4305	José Carlos Ramalho	M	50-54	G. D. GOMA	01:25:27	00:22:09
34	101041	4193	Luís Ferreira	M	PTDF	Clube de Triatlo de Viseu	01:27:44	00:24:26
35	104773	5442	Nuno Ferreira	M	40-44	Individual	01:27:59	00:24:41
36	104665	3239	Carlos Gonçalves	M	35-39	MOZINHO RT VALVOLINE	01:28:50	00:25:32
37	106108	5386	Nuno Pereira	M	45-49	Associação Académica de São Mamede	01:29:05	00:25:47
38	102596	4101	Carlos Soares	M	50-54	C F Vilacondense	01:29:11	00:25:53
39	106356	4334	Paulo Seabra	M	45-49	Individual	01:30:27	00:27:09

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
40	104848	5072	Fernando Silva	M	55-59	MOZINHO RT VALVOLINE	01:35:26	00:32:08
DSQ	105838	5334	Rui Vieira	M	50-54	Individual	DSQ	
DNF	105263	3462	Hélder Monteiro	M	30-34	MOZINHO RT VALVOLINE	DNF	
DNS	100102	4533	Alexandre Monteiro	M	45-49	Veteranos do Porto	DNS	
DNS	104900	2539	Cristiano Oliveira	M	20-24	DAR-Recardães EXPansion	DNS	
DNS	100903	4336	José Calheiros	M	55-59	Veteranos do Porto	DNS	
DNS	104380	4733	Pedro Santos	M	45-49	Individual	DNS	
DNS	104047	4207	Victor Campos	M	65-69	DAR-Recardães EXPansion	DNS	