

Local da Prova: **Soure**

Data: **11/05/2019**

Hora da Partida: **14:43:38**

Distancias: Natação - 750 m

Ciclismo - 20 km

Corrida - 5 km

### Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
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#### Juniores

1	101378	2096	Miguel Jacinto Silva	M	JUN	Adi-fihavo	01:02:08	-
2	105548	2089	Gonçalo Brito	M	JUN	Sporting Clube De Espinho - S.p.d.e.	01:15:34	00:13:26

#### 20-24

1	103380	2553	Pedro Manuel Silva	M	20-24	Mc Donald's/Tribraga	01:03:22	-
2	104979	2627	João Miguel Génio	M	20-24	Clube Dos Galitos	01:25:31	00:22:09
DNS	105426	2606	Pedro Pacheco	M	20-24	Paredes Aventura	DNS	

#### 25-29

1	103974	3858	João Rodrigues	M	25-29	Associação Recreativa Casaense	01:04:49	-
2	100529	3880	João Bernardo Cunha	M	25-29	Mc Donald's/Tribraga	01:05:13	00:00:24
3	104022	3829	Bruno Godinho Oliveira	M	25-29	C F Vilacondense	01:06:49	00:02:00
4	101511	3970	João Renato Teixeira	M	25-29	G. D. GOMA	01:08:04	00:03:15

#### 30-34

1	104870	3031	Miguel Neto Gonçalves	M	30-34	Adi-fihavo	01:03:34	-
2	103378	3284	Filipe Carneiro	M	30-34	Individual	01:07:23	00:03:49
3	101493	3119	Jose Miguel Paiva	M	30-34	Clube Dos Galitos	01:08:33	00:04:59
4	101452	3840	Tiago Manuel Pinho	M	30-34	C F Vilacondense	01:08:40	00:05:06
5	103238	3130	Daniel Filipe Castro	M	30-34	C F Vilacondense	01:09:16	00:05:42
6	104654	3236	João Pedro Laranjeira	M	30-34	Associação Beat Your Limit!	01:11:31	00:07:57
7	105319	3541	Pedro Emanuel Castro	M	30-34	Mc Donald's/Tribraga	01:11:50	00:08:16
8	102114	3605	Fábio Veríssimo Santos	M	30-34	A.A.S.M.	01:13:02	00:09:28
9	105778	3779	Mauro Moderno	M	30-34	REPSOL TRIATLO	01:13:35	00:10:01
10	104600	3157	Pedro Ponciano	M	30-34	Individual	01:15:36	00:12:02
11	105951	3078	Pedro Nuno Martins	M	30-34	Clube de Triatlo de Viseu	01:17:05	00:13:31
12	103438	8127	Hélder Carvalho	M	30-34	Clube de Triatlo de Viseu	01:23:04	00:19:30
13	105687	3736	Luís Miguel Silva	M	30-34	G. D. GOMA	01:23:07	00:19:33
14	103916	3793	Rui Daniel Melo	M	30-34	Associação Recreativa Casaense	01:23:22	00:19:48
15	104986	3060	Paulo Ricardo Silva	M	30-34	Individual	01:25:20	00:21:46
16	103591	3609	Pedro Miguel Melo	M	30-34	Veteranos do Porto	01:30:27	00:26:53
DNS	105857	3000	João Sousa	M	30-34	Sporting Clube De Espinho - S.p.d.e.	DNS	

#### 35-39

1	101518	3020	Rui Filipe Barbosa	M	35-39	G. D. GOMA	01:05:31	-
2	100179	3476	José Gonçalo Vieira	M	35-39	Adi-fihavo	01:07:31	00:02:00
3	104010	3877	Marco Andre Ferreira	M	35-39	Clube Dos Galitos	01:08:16	00:02:45

**Classificações Escalões Masculinos**

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
4	104203	3919	Tiago Ferreira Santos	M	35-39	Dar-recardães Expansion	01:09:00	00:03:29
5	101486	3758	Celso Ilídio Moreira	M	35-39	Dar-recardães Expansion	01:09:25	00:03:54
6	103972	3856	Igor Castro	M	35-39	Associação Recreativa Casaense	01:09:29	00:03:58
7	102655	3076	João Sérgio Ramos	M	35-39	Clube Zupper	01:10:25	00:04:54
8	104516	3079	Hugo Costa	M	35-39	Clube de Triatlo de Viseu	01:10:31	00:05:00
9	101985	3054	Nuno Filipe Ribeiro	M	35-39	Clube Zupper	01:11:15	00:05:44
10	106030	3108	Henrique Moreira	M	35-39	Pedalarte	01:12:13	00:06:42
11	101737	3006	Ricardo Lourenço Alves	M	35-39	Clube Dos Galitos	01:12:56	00:07:25
12	105286	3518	Helder Caiado	M	35-39	Clube de Triatlo de Viseu	01:12:56	00:07:25
13	105444	3604	Miguel da Silva Ferreira	M	35-39	Clube Dos Galitos	01:13:03	00:07:32
14	101995	3041	Rui Manuel Souto	M	35-39	G. D. GOMA	01:13:18	00:07:47
15	105384	3573	Nuno Alexandre Ribeiro	M	35-39	G. D. GOMA	01:13:47	00:08:16
16	104477	3049	Ricardo Manuel Pereira	M	35-39	Mc Donald´s/Tribraga	01:14:21	00:08:50
17	105213	3436	João Soares	M	35-39	Clube de Triatlo de Viseu	01:15:52	00:10:21
18	105364	3555	Luis Miguel Matos	M	35-39	C F Vilacondense	01:15:54	00:10:23
19	106185	8101	Antonio Valverde	M	35-39	Associação Beat Your Limit!	01:17:25	00:11:54
20	105879	3033	Pedro Lopes	M	35-39	Sporting Clube De Espinho - S.p.d.e.	01:18:01	00:12:30
21	105950	3069	Tiago de Almeida Ferreira	M	35-39	Clube de Triatlo de Viseu	01:20:48	00:15:17
22	103508	3434	Ivo Figueiroa	M	35-39	Clube Zupper	01:22:06	00:16:35
23	105073	3303	Tiago Frederico Dias	M	35-39	Clube Zupper	01:26:29	00:20:58
24	105954	3083	Cristiano Gonçalves	M	35-39	Clube de Triatlo de Viseu	01:27:06	00:21:35
25	104860	8125	João Carlos Fonseca	M	35-39	A.A.S.M.	01:28:22	00:22:51
DSQ	101396	3208	Rui Trovão	M	35-39	REPSOL TRIATLO	DSQ	
DNS	101717	3599	João Lourenço Alves	M	35-39	Clube Dos Galitos	DNS	

**40-44**

1	101520	5067	Tiago Messias Lobo	M	40-44	Mc Donald´s/Tribraga	01:04:08	-
2	101515	5066	Leandro Fernandes Pinto	M	40-44	Mc Donald´s/Tribraga	01:05:43	00:01:35
3	103786	4555	Rúben Alberto Estima	M	40-44	Dar-recardães Expansion	01:07:27	00:03:19
4	104758	4626	Rui António Gomes	M	40-44	Sporting Clube De Espinho - S.p.d.e.	01:09:11	00:05:03
5	104871	4296	Rui Pedro Borges	M	40-44	Associação Recreativa Casaense	01:09:41	00:05:33
6	105609	4527	Pedro Joel Carvalho	M	40-44	Associação Beat Your Limit!	01:10:37	00:06:29
7	104150	4338	António João Pinto	M	40-44	C F Vilacondense	01:11:18	00:07:10
8	100228	4218	Paulo Jorge Pereira	M	40-44	Clube Zupper	01:11:36	00:07:28
9	105344	5185	Manuel José Moutinho	M	40-44	Mc Donald´s/Tribraga	01:13:01	00:08:53
10	100342	5288	Hugo Filipe Gomes	M	40-44	Clube de Triatlo de Viseu	01:13:41	00:09:33
11	105620	4918	António Pedro Vieira	M	40-44	C F Vilacondense	01:15:57	00:11:49
12	104122	4299	Rui Miguel Ramos	M	40-44	G. D. GOMA	01:16:14	00:12:06
13	103754	5432	Rodrigo Valle Teixeira	M	40-44	ASSOCIAÇÃO LINCE TRIATHLON	01:17:28	00:13:20
14	103503	4020	Ricardo Adão Neves	M	40-44	Mc Donald´s/Tribraga	01:17:29	00:13:21
15	105748	5291	Nuno Miguel Maia	M	40-44	Boavista Futebol Clube	01:17:31	00:13:23
16	104784	5021	Pedro Miguel Santos	M	40-44	Associação Beat Your Limit!	01:18:24	00:14:16
17	104081	5371	Pedro Filipe Rodrigues	M	40-44	Clube Zupper	01:18:41	00:14:33

**Classificações Escalões Masculinos**

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18	103764	4518	Paulo Jorge Ribeiro	M	40-44	Clube de Triatlo de Viseu	01:19:51	00:15:43
19	105143	5115	Luís Filipe Santos	M	40-44	C F Vilacondense	01:21:06	00:16:58
20	105599	4280	Ivo Magalhães	M	40-44	Individual	01:21:29	00:17:21
21	103181	5014	Eduardo Alberto Pinto	M	40-44	A.A.S.M.	01:22:04	00:17:56
22	105944	5355	Antonio Carlos Filho	M	40-44	Clube Dos Galitos	01:22:29	00:18:21
23	105597	4240	Márcio Miguel Silva	M	40-44	Boavista Futebol Clube	01:23:42	00:19:34
24	104512	4116	Nuno Filipe Silva	M	40-44	Sporting Clube De Espinho - S.p.d.e.	01:33:52	00:29:44

**45-49**

1	101509	4627	João Jorge Ferreira	M	45-49	Mc Donald´s/Tribraga	01:04:17	-
2	103671	4372	João Miguel Faria	M	45-49	A.A.S.M.	01:06:44	00:02:27
3	103621	5198	Emanuel José Neves	M	45-49	Ccd Matosinhos	01:07:07	00:02:50
4	102394	4598	Nuno Filipe Abreu	M	45-49	Clube Zupper	01:08:10	00:03:53
5	101513	4146	José Filipe Afonso	M	45-49	Mc Donald´s/Tribraga	01:08:58	00:04:41
6	101049	4185	Nuno Filipe Barros	M	45-49	A.A.S.M.	01:09:55	00:05:38
7	104545	4205	Mauro Azevedo	M	45-49	Associação Recreativa Casaense	01:09:58	00:05:41
8	103296	4850	Pedro Manuel Mota	M	45-49	Adi-fihavo	01:10:07	00:05:50
9	104260	4486	Rui Silva	M	45-49	Associação Recreativa Casaense	01:14:38	00:10:21
10	105594	4219	Ricardo Rocha Pereira	M	45-49	Individual	01:14:52	00:10:35
11	105860	5340	Rafael Rosete Marques	M	45-49	Clube Dos Galitos	01:23:46	00:19:29
12	106108	5386	Nuno António Pereira	M	45-49	A.A.S.M.	01:29:12	00:24:55
13	101453	4370	Ulisses Manuel Lopes	M	45-49	C F Vilacondense	01:35:05	00:30:48
14	104975	5088	Manuel Pedro Fraga	M	45-49	Veteranos do Porto	01:56:37	00:52:20
DNS	101720	4591	Jorge Alberto Figueiredo	M	45-49	Individual	DNS	

**50-54**

1	102251	4508	Vasco Alexandre Borges	M	50-54	Associação Recreativa Casaense	01:13:24	-
2	100426	4402	Joaquim Carlos Lopes	M	50-54	Boavista Futebol Clube	01:14:03	00:00:39
3	105261	5152	Toni Alberto Seródio	M	50-54	Dar-recardães Expansion	01:17:30	00:04:06
4	104844	5069	Emanuel José Gomes	M	50-54	Mc Donald´s/Tribraga	01:21:27	00:08:03
5	104593	4305	José Carlos Ramalho	M	50-54	G. D. GOMA	01:22:12	00:08:48
6	104994	5020	António Vasco Estrela	M	50-54	A.A.S.M.	01:32:57	00:19:33
DSQ	104776	4748	Giuseppe Baldassarre	M	50-54	Mc Donald´s/Tribraga	DSQ	

**55-59**

1	101031	4127	Emanuel Araújo Marques	M	55-59	A.A.S.M.	01:08:48	-
2	100619	4005	José Maçarria	M	55-59	Individual	01:20:23	00:11:35
3	100279	4065	José Silva	M	55-59	ACRRibeira Ovar	01:28:16	00:19:28
4	104789	4829	José Augusto Monteiro	M	55-59	Veteranos do Porto	01:29:09	00:20:21
5	102691	4599	José Graça Rodrigues	M	55-59	A.A.S.M.	01:30:41	00:21:53
6	105144	5116	Carlos Manuel Ferreira	M	55-59	Clube Zupper	01:39:04	00:30:16
7	104843	5068	Vasco Manuel Araújo	M	55-59	Mc Donald´s/Tribraga	01:39:39	00:30:51
8	103241	4828	Arnaldo Rui Brás	M	55-59	Mc Donald´s/Tribraga	01:44:24	00:35:36

**Classificações Escalões Masculinos**

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
DNS	100903	4336	José Calheiros	M	55-59	Veteranos do Porto	DNS	

**60-64**

1	100911	4255	Paulo Jorge Rocha	M	60-64	Veteranos do Porto	01:24:43	-
2	101448	4018	Mário Manuel Magalhães	M	60-64	C F Vilacondense	01:31:44	00:07:01
3	104443	4787	Antonio Santos Mota	M	60-64	Individual	01:33:25	00:08:42

**65-69**

1	100899	4162	Henrique Gonçalves	M	65-69	Veteranos do Porto	02:05:34	-
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**75-79**

DNF	100277	4067	Carlos Leite	M	75-79	ACRRibeira Ovar	DNF	
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**PTDF**

1	101041	4193	Luís Miguel Ferreira	M	PTDF	Clube de Triatlo de Viseu	01:15:17	-
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